

1st Annual Health Expo 5K Run

Redstone Arsenal

4:00 pm

Wednesday April 16th

Race Course: TBA

Who is eligible: NASA employees, NASA Contractors, NASA dependents who are members of the Wellness Center, and NASA Retirees.

Registration: \$5.00 entry fee payable to the NASA Exchange. Mail or drop entry form by the Wellness Center located in Bldg. 4315 by April 3rd, 2003. Mail to NASA Exchange, CD10X, bldg. 4315, Huntsville, AL 35812. You can register the day of the race between the hours of 10 am –2pm in the Activities building during the Health Expo at the Wellness Center's booth, or you can register between 3-3:30 pm at the front desk of the Wellness Center. The cost will be \$2.00 and you **will not** receive a T-shirt.

Race day T-shirts: Those who pre-register by the cut-off date of April 3rd, will receive a 1st Annual 5K race T-shirt. Those who register after the cut-off date up until the day of the race will not receive a T-shirt.

Awards: Winners in each age category will receive a certificate and their picture posted in the Marshall Star. Overall winners will not be repeated in the age group categories that go as follows:
14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 +

Course Support: Security will block traffic to ensure a safe race course.

Facilities: There are restrooms and water fountains located in the Wellness center.

Please print your personal information below to register:

Last _____ First _____ (Male/Female) _____

Age on race day _____ Date of Birth (MM/DD/YY) ____/____/____

Contact Phone _____ T-shirt size (circle) S M L XL

I know that running a 5-kilometer road race is a potentially hazardous activity. I shall not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to a fall, contact with other participants, the effects of weather including high heat and/or humidity, traffic and other road conditions, all such risks being known and appreciated by me.

Having read this waiver and knowing those facts and in consideration of your accepting my entry, I, for myself and anyone else entitled to act on my behalf, waive and release the National Aeronautics and Space Administration, Marshall Space Flight Center, Marshall Space Flight Center Exchange, and all officials and sponsors, their representatives and successors, from all claims in liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings, or any other record of this event for legitimate purposes.

Signature: _____ **Date:** _____
(Signature of Parent or Guardian is
required if entrant is under the age of 18)